

Script: radio ad - 30 seconds

Do you know what these numbers mean?

Zero - two - nine - fourteen?

They're the low risk drinking guidelines.

Zero means no drinks at all...and that means you have the lowest risk for alcohol-related problems....if you don't drink, don't start.

For most people, more than **two** drinks a day does more harm than good.

Keep track of what you drink daily.....and weekly.

Maximize your life.....minimize your risk.

This message brought you by.....insert FOCUS community name