

PSA Announcement

SFX:

A heart rate monitor beeping...getting slower and stopping where indicated near the end of the commercial.

Announcer:

“When you drink too much, a hangover is the least of your worries. Drinking to excess can lead to risks of high blood pressure, stroke and many types of cancer.

If you do drink, lower your risk.

Limit the amount you drink to no more than one or two standard drinks per day, with weekly limits of 9 for women, and 14 for men.

If you don't drink, *(Beeping stops here)* don't start.

For more information contact your local FOCUS Program” *(insert local FOCUS Program information here)*.