

## CENTRAL WEST LOCAL HEALTH INTEGRATION NETWORK (LHIN 5) RESOURCES

### **ALCOHOL / ADDICTIONS**

**William Osler Health Centre** ([www.williamsloerhc.on.ca](http://www.williamsloerhc.on.ca)), located in Brampton, Ontario, provides a full range of services at its three hospital sites. These include mental health and addiction services.

- The **addictions services**, which are available to residents of Halton and Peel regions, provide individualized treatment programs addressing an individual's concerns related to alcohol, drugs and gambling. Assessment, counseling and withdrawal management services are available as part of the addictions program, as is community education and consultation. Support is provided to friends and family members. Close collaboration with community partners is a part of the integrated treatment plan.
- A link to a comprehensive list on the **community resources in Halton and Peel** in the treatment of addictions is included at the addictions services web page.

**Alcohol, Drug and Gambling Assessment, Prevention and Treatment Services (ADAPT)** ([www.haltonadapt.org](http://www.haltonadapt.org)) provides individualized assessment and treatment for adults and youth who are experiencing concerns with abuse/misuse of alcohol, drugs and gambling. Treatment is provided through individualized counseling, group therapy and/or family counseling. ADAPT has **5 sites** across Halton Region

The **YMCA of Greater Toronto Youth Substance Abuse Program (YSAP)** offers services to youth between the ages of 16 and 24 relating to abuse and misuse of alcohol and drugs. Counseling, with a focus on harm reduction, is provided on an individual basis. Location of sessions and the duration of treatment vary. Additionally, school based peer mentoring and educational services are provided. There are various local YSAP offices across the greater Toronto including a **Brampton site**.

### **STROKE**

Primary stroke services within the LHIN 5 area are provided by local hospitals.

The closest district and regional stroke centres and secondary stroke prevention clinics, which provide more specialized care are located at:

The **Grand River Hospital** ([www.grandriverhospital.on.ca](http://www.grandriverhospital.on.ca)) in Kitchener, Ontario, houses the District Stroke Centre and Secondary Stroke Prevention Clinic for LHIN 3.

**Trillium Health Centre** ([www.trilliumhealthcentre.org](http://www.trilliumhealthcentre.org)) is a two-site community hospital system. The **Regional Stroke Centre and Secondary Stroke Prevention Clinic** for LHIN 6 are located at Trillium Health Centre.

- A list of **Community Stroke Resources** for the Regions of Halton, Peel, Dufferin and Etobicoke is available at this web site.

## **CANCER**

**William Osler Hospital** ([www.williamoslerhc.on.ca](http://www.williamoslerhc.on.ca)) provides **Oncology / Cancer Services** to the residents of Halton and Peel. Services provided include diagnosis, education and treatment.

- A list of **community resources** is available at this web page.

**Headwaters Health Care Centre** ([www.headwatershealth.ca](http://www.headwatershealth.ca)) in Orangeville, Ontario provides **chemotherapy services** with direction from oncologists at the Carlo Fidani Peel Regional Cancer Centre located at Credit Valley Hospital.

The **Carlo Fidani Peel Regional Cancer Centre (CFPRCC)**, which is located at Credit Valley Hospital ([www.cvh.on.ca](http://www.cvh.on.ca)) in Mississauga, offers a full range of cancer/oncology services.

## **OTHER**

**Central West Local Health Integration Network** ([www.centralwestlhin.on.ca](http://www.centralwestlhin.on.ca)), or **LHIN 5**, manages the health care services for the areas of Dufferin County, the northern portion of Peel Region, parts of north-western Toronto and south-west York Region. There are many resources at the LHIN 5 web site, including a calendar of events, information about the LHIN network and a list of health resources with the service area.

- This **Central West LHIN map** outlines the geographic boundaries of LHIN 5.
- The LHIN web site also provides a **list of health providers, programs and services** for LHIN 5