

Wear Your Life Jacket

Avoid Alcohol

Take an Approved Boating Course

Expect the Unexpected

Reduce Speed



boat safer boat sober

How can you be safe on the water?

1. Boat Sober.
2. Always wear a life jacket.
3. Never allow a person under the influence of alcohol to operate your boat.
4. If you're planning on doing water sports, serve the alcohol after the activity.
5. Provide non-alcoholic drinks and food.
6. Take a course and get your pleasure craft operator card.



Effects of alcohol on boaters:

- Impairs judgement, balance, motor skills, and peripheral vision.
- Slows response time.
- Reduces depth perception and night vision.
- Increases your risk of hypothermia.

What is boater fatigue?

Boater fatigue is a combination of sun, wind, noise, vibration, and boat motion that can triple the effects of alcohol on boaters.

More than 40% of recreational boating deaths in Canada are alcohol related.

Drowning is the **second leading cause of accidental death** in Canada, surpassed only by motor vehicle crashes and falls.



GREATER KINGSTON AREA

Safe & Sober Community Alliance