

# Cocaine

Cocaine is a stimulant. **It speeds you up.**

Users can feel euphoria, energetic, alert, in control, confident, sociable. When you finish a cocaine run, the good feelings are followed by lousy feelings. This is called the crash.

Using cocaine to help you get through a workday can lead to:

- injuries to yourself or others due to unusual risk taking
- lack of coordination including tremors, twitching, muscle spasms, blurred vision
- insomnia [can't sleep] and fatigue
- missing work
- making mistakes on the job
- increased aggression
- imagining things that are not real
- being unusually suspicious of others

