

Cannabis

Cannabis [marijuana, hashish] is a hallucinogen. **It alters your senses.** Users can feel high, calm, relaxed, talkative. Time flies by, colors get brighter, food is more appetizing and music sounds better.

Using cannabis to help you get through a workday can result in:

- injuries to yourself or others
- inability to concentrate and think clearly
- trouble remembering things that just happened
- slower physical reaction time
- reduced physical coordination and balance
- drowsiness
- making mistakes on the job
- absenteeism

